Evening Chapel Leaders Needed!

Evening Chapels are lay led and take place in Star Island's beautiful stone chapel by candlelight.

From our Evening Chapel Coordinator Sally Armstrong: I come to Arts for the community, but my first love on Star Island was the stone chapel at the top of the hill, where we gather to help create that community. As the Evening Chapel coordinator for Arts 2024, I'd like to invite you to consider crafting and leading a service.

If that seems too overwhelming, please consider volunteering to take part in our 'Star Soup' evening. In that service, each participant is only responsible for a five-minute section in which they may share any topic that is important to them and they think would resonate with the others. We all have a message we can give. For example: We have all been faced with many challenges... joys, too... in the past few years. I'm curious,, how creating art in its many forms has sustained and enriched you. What helps you face the dark days, and how does your desire to create help celebrate the shimmering moments? Of course, you may choose to discuss something totally different. It's your time.

Please let me know if you are willing to take on a brief... five-minute piece. Relax, I'll work on the other bits later.

Sally Armstrong, (sidaab@hotmail.com)



Heading up to Chapel at night. Photo by Parrish Dobson, 2023.

### Financial Aid Application

This year, Star Island and Arts has an early consideration option for Financial Aid, that is due by March 15<sup>th</sup>. You must indicate on the application that you would like to know by April 15<sup>th</sup>. If you miss the March deadline, you can still apply by April 15<sup>th</sup>. If full room and board would preclude you and your family from attending a conference please consider applying for a financial grant. This application is for both Star Island and Arts.

You can fill out the form here:

https://starisland.org/programs/registration/#financial-grants

## Join us this Summer for Arts!

<u>Register Here!</u>

The 2024 Star Arts Retreat is Sunday June 16<sup>th</sup> to June 23<sup>rd</sup> 2024



## Featured Workshop: Visual Arts II Workshop:

Visual Arts II Workshop: Making Colorful Paper Baskets with Mary Banach

Each paper basket begins with 140 lb. watercolor paper hand painted using acrylic paint. Each sheet of paper (8½ x 11) is painted on both sides. The painted paper is then hand-cut into thin strips in preparation for weaving. The strips are cut into 3 widths: ¼ inch, ¼ inch, and ½ inch. The ¼ inch strips are used for the stakes (the foundation) of the basket, the ½ inch for the weavers (the walls of the basket), and the ½ inch for the rim (the top of the basket). The stakes are laid out flat with an over/under pattern. The weavers then are used to build the basket also using an over/under pattern. When the weaving is complete (depending on the basket maker's own design), the basket is finished with the painted paper ½ inch rim which is hand sewn using waxed linen thread. The basket is ultimately protected with a coat of varnish in order to preserve its color and shape. Each basket has its own unique shape and design. The baskets for this workshop will measure 4 inches high and 3½ inches in width. In this workshop, kits will be provided with paper already painted, cut and ready for weaving.

Mary Banach has been making baskets for over 14 years. She fell in love with basket making when attending a family summer camp where basket making was offered as an activity. Her work has been shown in galleries and she has been included in craft fairs in Seacoast, NH. Mary lives in Exeter, NH, and loves singing, yoga, and traveling. She is a retired professor of social work and taught for 25 years.

#### Other Workshops lined up for 2024:

- Movement: Dance & Movement Potpourri with Nancy Schulz
- Theater: Shakespeare on the Rocks with Robin Fawcett
- Video: Video Production with Bruce Petschek
- Writing: Japanese Poetic Forms for Everyone with Eric Hyett
- Information about Visual Arts I and Music coming soon!

# For more information about all our workshops visit our website: stararts.org





Top: Mary with some of her basket creations. (Photo submitted by Richard Waring.) Bottom: A close up of Mary's paper basket. (Photo by Mary Banach.)

## Doug Richards Show

Star Arts artist Doug Richards, is once again having a month-long display of his paintings. His exhibit, 80 Years....80 Paintings, is in celebration of his March birthday. His daughter, Laura Aldridge of Virginia will also have paintings on display. The exhibit will be at the Epsom New Hampshire Public Library gallery for the month of March. The library is located at 1606 Dover Rd (RTE 4).

Contact Doug at 603-225-9062 or dgrichards44@comcast.net for more information.

### Deadline for Next Newsletter!

The Deadline for the next Newsletter will be April 1<sup>st</sup>! If you would like to include pictures, art, poetry and/or news please submit items to: <a href="mailto:stararts.registrar@gmail.com">stararts.registrar@gmail.com</a> (Mary Ann Young and Anne Nowselski)

(Questions about Star Arts you can email us or call us at 781.520.3786)



