

STAR ARTS NEWS

May 2023

Auction Sneak Preview!

Here are a few items that will be found in the Star Arts Auction this year (clockwise from the top right): a fun Twist Knit Hat lovingly made by Bev Ward; a painting of Porch Rockers painted by Barbara O'Brien during Star Arts 2022 and a very handsome felted Muskrat, created by Gail Carrigan. All proceeds go to the Star Arts Scholarship Fund, which helps to bring people to the Island who might not otherwise be able to afford it.

What are you bringing for the Auction? And what will you be bidding on? Cash, checks and Venmo are all accepted. For more info, you can contact Sharon Lieberman (slieberman7@yahoo.com)



Waitlist

Arts is still doing a Waitlist!
If you would like to be added to the list please contact the registrars at stararts.registrar@gmail.com

Star Arts Retreat 2023
Sunday June 18th to Sunday June 25th

Featured Workshop Leader: Lynne Wilkinson

Music: Hospice Singing

Music, like death, is a great equalizer. It is a universal language that can speak directly to the heart. It has great healing power and can evoke calm, peace, and serenity. In this workshop we will explore the ways in which singing at the bedside of terminally ill patients aids in supporting a “good death” by offering comfort and relaxation, letting go of tension, release of fear, and connection with community. It enlivens memories, bringing pleasure, joy, and spirit to patients, families, caregivers, and singers alike. We will experience firsthand what it feels like to be surrounded by the healing vibrations of sound. We will learn varied repertoire including songs from different cultures and traditions, styles, and genres. Songs will be taught orally/aurally. Written music will be provided as needed. The ability to read music is helpful but not necessary for participation. We will address the different ways in which Hospice Choirs are organized and the steps that can be taken to initiate a new choir. This workshop is also open to anyone* who would like a week of singing healing music for themselves following a rough few years. And finally, we will celebrate and honor the joy of living life as well as this sacred practice of, as Ram Das puts it, “walking each other home.”



Lynne Wilkinson has been coming to Arts for many years. Photo submitted by Richard Waring.

*Hospice Singing will be open to women AND men. Lynne will also lead Persephone's Daughters, for women only, in the afternoons.

To Read more about Lynne go to: <https://stararts.org/music/>

Other Workshops June 2023 are on our website <https://stararts.org>

- Movement: Burlesque with Joe Williams
- Photography: Go to the Limits of Your Longing with Parrish Dobson
- Theater: Briny Chamber Theatre with Robin Fawcett
- Visual Arts I: Drawing & Painting with Soft Pastels with Wendy Soliday
- Visual Arts II: The Art of Felting with Rachel Benson
- Writing: Memoir Writing with Tom Daley

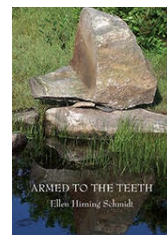
Sign up for Visual Arts I: Pastels and Visual Arts II: Felting

We're trying to get a gauge of interest in these two workshops. This doesn't rule out deciding on-island, but both will be limited to 15 participants. If you want to be certain, please let Richard Waring (rwaring@nejm.org) know. Please also say if you'll bring your own supplies or want to buy them on-island.

Ellen Schmidt's Book of Poems

Ellen Schmidt, who led the Arts Writing Workshops in 2008 and 2013 has a new collection of poems out in May, called *Armed to the Teeth*. The cover is a photo that was taken by the Art Barn

To find out more about the book, go to: <https://antrimhousebooks.com/schmidt.html>



Shoalmates Volunteers Needed!



Maybe you'll make a new best friend! Know that you'll be helping a New Shoaler get acquainted with Star Island! (Photo by Sally Armstrong)

Happily, we have a flock of New Shoalers coming to Arts this year! Some have been referred by friends, others are workshop leaders, a few are Longtime Shoalers - new to Arts, and the rest - yup, totally new!

As always, we need Shoalmate volunteers - greeters and guides who will reach out to these new Shoalers, answer their questions, and show them around the island. I'm hoping that seasoned Arts Retreaters will step up to be Shoalmates for the pals they've referred. Not surprisingly, we still need at least 8-10 additional volunteers! If you can, please sign up - and share some Shoalmate love!

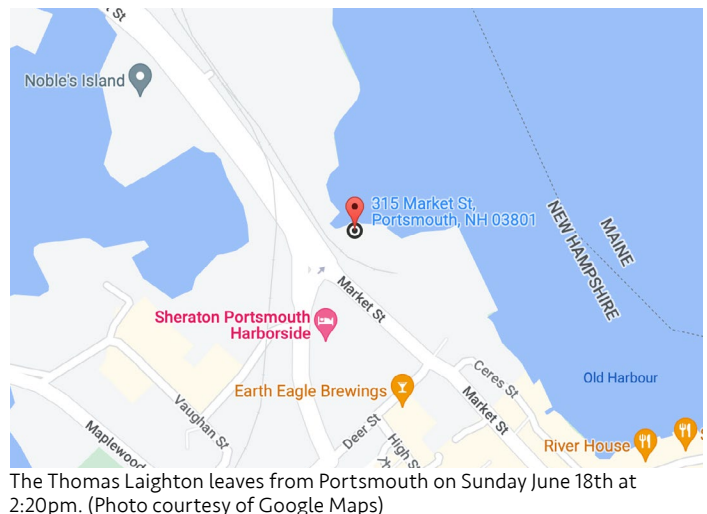
To volunteer to be a Shoalmate, OR, if you are a New Shoaler and want a Shoalmate, contact Sandy Damashek: curlysandy@gmail.com

Getting to - and - Staying in Portsmouth

Star Arts is just around the corner! If you haven't made travel plans, it's time to galvanize into action! Although it's possible to take public transportation to Portsmouth, we know that some of you would like to share a ride, if possible. Alternatively, we've heard from others who plan to arrive in Portsmouth on Saturday, but still need hotel reservations or other accommodations.

Can you help? If you are already planning to drive to Portsmouth and would like a traveling companion. If you would like to share the cost of hotel or Airbnb room on Saturday night, please contact us. We'll do our best to connect you!

To offer a ride or to connect with others about sharing accommodations in Portsmouth, contact Sandy Damashek: curlysandy@gmail.com



The Thomas Lighton leaves from Portsmouth on Sunday June 18th at 2:20pm. (Photo courtesy of Google Maps)

Cancellation Policy Reminder

Star Island and Conferences offer a full refund of program fee and deposit up to 4 weeks prior to the start of the conference, after which time, both the program fee and deposit become non-refundable. There is also a Star Island Length of Stay (Proration) Adjustments Policy, which is also up to 4 weeks prior to the start of the conference. There is a process for exceptions in the case of extenuating circumstances and this is determined by the Island Registrar.

You can read more here:

<https://starisland.org/faq-category/important-info/#cancellation-policy>

Deadline for Next Newsletter!

The Deadline for the next Newsletter will be June 1st!

If you would like to include pictures, art, poetry and/or news please submit items to: stararts.registrar@gmail.com (Mary Ann Young and Anne Nowselski)

(Questions about Star Arts you can email us or call us at 781.520.3786)

